

| July                                               |                           |                                     |                             |                            |        |                             |        |                |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |
|----------------------------------------------------|---------------------------|-------------------------------------|-----------------------------|----------------------------|--------|-----------------------------|--------|----------------|------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------|--------|--------|--------|--------|--------|--------|
|                                                    | Sa                        | Su                                  | M                           | T                          | We     | Th                          | Fr     | Sa             | Su                     |                                                    | Sa                                                                                        | M                  | T      | We     | Th     | Fr     | Sa     | Sa     |
| 28 June -<br>2 July                                | 03-Jul                    | 04-Jul                              | 05-Jul                      | 06-Jul                     | 07-Jul | 08-Jul                      | 09-Jul | 10-Jul         | 11-Jul                 | 12-18 Jul                                          | 17-Jul                                                                                    | 19-Jul             | 20-Jul | 21-Jul | 22-Jul | 23-Jul | 24-Jul | 31-Jul |
| T<br>r<br>a<br>i<br>n<br>g<br><br>W<br>e<br>e<br>k | 200 Free<br>50 Fly        | 200 Back<br>200 Fly<br>50 BR        | 100 BK<br>100 IM<br>50 Free |                            |        | 100 Fly<br>50 Back<br>50 BR |        |                | Closing<br>date<br>FoS | T<br>r<br>a<br>i<br>n<br>g<br><br>W<br>e<br>e<br>k |                                                                                           |                    |        |        |        |        |        |        |
|                                                    | INV 200<br>Free 50<br>Fly | INV<br>200 Back<br>200 Fly<br>50 BR |                             | 100 FR<br>100 BR<br>50 FLY |        | 100 Fly<br>50 Back<br>50 BR |        |                |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |
|                                                    | 200 Free<br>50 Fly        | 200 Back<br>200 Fly<br>50 BR        | 100 BK<br>100 IM<br>50 FR   | 100 FR<br>100 BR<br>50 FLY |        |                             |        |                |                        |                                                    | J<br>u<br>n<br>i<br>o<br>r<br><br>A<br>r<br>e<br>n<br>a<br><br>L<br>e<br>a<br>g<br>u<br>e |                    |        |        |        |        |        |        |
|                                                    |                           |                                     | 100 BK<br>100 IM<br>50 FR   |                            |        |                             |        |                |                        |                                                    |                                                                                           | 200 Free<br>100 BK |        |        |        |        |        |        |
|                                                    |                           |                                     | 100 BK<br>100 IM<br>50 FR   |                            |        |                             |        |                |                        |                                                    |                                                                                           | 200 Free<br>100 BK |        |        |        |        |        |        |
|                                                    |                           |                                     | 100 IM<br>50 BK<br>50 FR    |                            |        |                             |        |                |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |
|                                                    |                           |                                     | 100 IM<br>50 BK<br>50 FR    |                            |        |                             |        |                |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |
|                                                    |                           |                                     |                             |                            |        |                             |        | 50 FR<br>50 BR |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |
|                                                    |                           |                                     |                             |                            |        |                             |        | 50 FR<br>50 BR |                        |                                                    |                                                                                           |                    |        |        |        |        |        |        |